

## Story Gatherers Project: Help spread the message!

In order to create more literature for CoDA, the CoDA Literature Committee (CLC) is looking to gather a wide array of recovery stories. There are several ways you can help.

- Send us your recovery stories, focusing not so much about what happened before you joined CoDA, but more about your experience, strength, and hope as a result of being in CoDA. For example, you might share what has been helpful to you, what motivates you, and what keeps you coming to meetings.
- Help us showcase diverse cultural perspectives in recovery. For example in some cultures, women are expected to be submissive; men are expected to exhibit machismo. In others, codependent behavior is encouraged, praised, and expected. What is your experience in blending codependence recovery with your particular culture?
- Share with us your particular issues and resolutions. We encourage stories from codependents who are gay, lesbian, bisexual, and transgendered.
- Tell us your issues as a parent. Do you find your codependence interfering with rearing your children? Are you raising another generation of codependents? What about single parenting issues? How have codependency and recovery impacted your relationships with your adult children and their families?
- If you have had a substance abuse problem, been incarcerated or institutionalized, or have a mental illness, what impact has codependence recovery had on your life?

Thank you for your willingness to share your story. All submissions will be kept confidential. In order to facilitate submissions, we will accept hard copy, electronic submissions, and audiotaped versions. Electronic submissions can be sent to [lit@codas.org](mailto:lit@codas.org). Hard copies should be sent to the CoDA Literature Committee, c/o Codependents Anonymous, Inc. P.O. Box 33577, Phoenix, AZ 85067-3577, 602-277-7991.

Please include the copyright assignment form with your submission. All submissions become the property of CoDA and may be edited for content, length, and clarity.



## Welcome to Co-Dependents Anonymous



The CoDA World Fellowship



### Copyright Assignment Form

#### Assignment of Copyright

I, \_\_\_\_\_, the author of,  
\_\_\_\_\_, hereby assign all rights, title and interest in and to that work (including without limitation all rights under copyright and renewal thereof in all countries, languages, and media now known or hereafter developed), to Co-Dependents Anonymous, Inc., an Arizona nonprofit corporation. Any dispute between the author and CoDA which relates to that work, and which cannot be resolved amicably, will be resolved by binding arbitration under the then-current commercial arbitration rules of the American Arbitration Association in Phoenix, Arizona, or such other location as the CoDA Board of Directors may reasonably select.

#### Contributor-Information:

Signature: \_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

#### Co-Dependents Anonymous Inc.

Signature: \_\_\_\_\_

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Date: \_\_\_\_\_

Co-Dependents Anonymous, Inc.  
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**Print and Mail in Form**