

One of the most
courageous
decisions you'll
ever make is to
finally let go of
what is hurting your
heart and soul.

— BRIGETTE NICOLE

Simple Reminders
SIMPLEREMINDERS.COM

TVCC WORKSHOP

CODA STEP 6

DATE: JUNE 16TH,
2019

TIME: 3:00 PM - 5:00PM



WORKSHOP FOCUS
STEP 6
“WERE ENTIRELY
READY TO HAVE
GOD/HIGHER
POWER REMOVE
ALL THESE DEFECTS
OF CHARACTER”

Affirmation for Letting Go

Today I embrace the memory
of my past, and feel grateful for
all that life has given me. I
acknowledge that I did the best
I could at the time, and now I
am ready to let it go. I clear my
future road ahead for miracles
and happy surprises!

SaratogaOcean.com

LETTING GO

ENCINO HOSPITAL
ENCINO CLASSROOM

ON FIRST FLOOR
16237 VENTURA BLVD
ENCINO, CA

JUNE 16TH, 2019