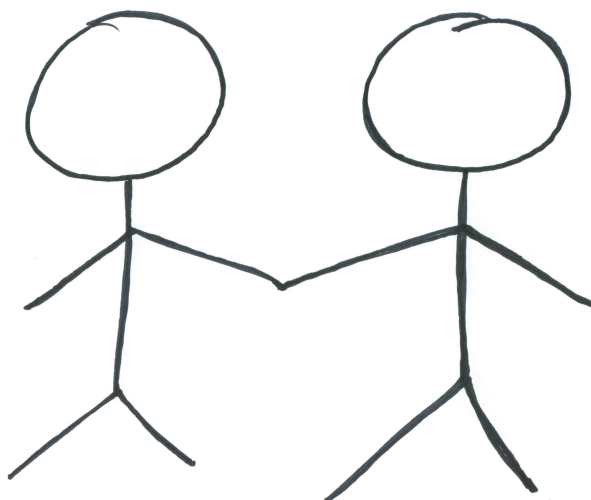


The Valleys CoDA

***Relationship Toolkit Monthly Workshop***  
***Sunday, January 19, 2020, 3-5 PM***



*“Our common welfare should come first;  
Personal growth within our relationship  
depends on unity”\**

\*This is one couple’s interpretation of Tradition One for use in relationships.  
Tradition One: *Our common welfare should come first; personal recovery depends upon CoDA unity.*

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- ✓ **How do your choices promote feelings of unity or disunity in your relationships?**
- ✓ **Which of your codependent behaviors get in the way?**
- ✓ **How could you develop more equal partnerships?**

**Let’s apply the Twelve Traditions of CoDA to our relationships using *The Twelve-Piece Relationship Toolkit* booklet. (Copies available)**

**Encino Hospital, Encino Room**  
**16237 Ventura Blvd.**  
**Encino 91436**

(Free parking on Ventura Blvd. or in structure East of Hospital)

Contact: Diane W. 818-384-6643